

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective Date: November 6, 2023

**BCU HEALTH PLANS
NOTICE OF PRIVACY PRACTICES**

General Information About This Notice

This Notice describes the legal obligations of the health plans maintained by BCU (each, a "BCU Health Plan") imposed by the Health Insurance Portability and Accountability Act of 1996, the American Recovery and Reinvestment Act of 2009, the Health Information Technology for Economic and Clinical Health (HITECH) Act of 2009, and accompanying regulations (collectively, the "Privacy Rules") regarding your protected health information. **This Notice applies only to protected health information received by or on behalf of the BCU Health Plans listed below.**

This Notice applies to BCU employees, former employees, and dependents who participate in any of the following BCU Health Plans:

- United States Medical Plans (including Prescription Services)
- United States Dental Plans
- United States Vision Plan
- United States Flexible Spending Accounts

Please note, this Notice does not apply to insured benefits. If you are enrolled in an insured benefit, you will receive a separate notice from the insurance company.

In this Notice, the terms "we," "us," and "our" refer to the BCU Health Plans, all BCU employees involved in the administration of the BCU Health Plans, and all third parties who perform services for the BCU Health Plans. Actions by or obligations of the BCU Health Plans include these BCU employees and third parties. However, BCU employees perform only limited BCU Health Plan functions (i.e., most BCU Health Plan administrative functions are performed by third party service providers).

What is Protected?

Federal law requires the BCU Health Plans to follow certain procedures for safeguarding a category of medical information received or created in the course of administering the BCU Health Plans, called "protected health information," or "PHI." PHI is health information (including genetic information) that can be used to identify you and that relates to:

- your physical or mental health condition,
- the provision of health care to you, or
- payment for your health care.

Your medical and dental records, your claims for medical and dental benefits, and the explanation of benefits (“EOB’s”) sent in connection with payment of your claims are all examples of PHI.

If BCU obtains your health information in another way – for example, if you are hurt in a work accident or if you provide medical records with your request for Family and Medical Leave Act (FMLA) absence – then BCU will safeguard that information in accordance with applicable laws, but such information is not subject to this Notice. Similarly, health information obtained by a non-health-related benefits program, such as the long-term disability program, is not protected under this Notice. This Notice does not apply in those types of situations because the health information is not received or created in connection with a BCU Health Plan.

The remainder of this Notice generally describes our rules with respect to your PHI received or created by the BCU Health Plans.

Uses and Disclosures of Your PHI

To protect the privacy of your PHI, the BCU Health Plans not only guard the physical security of your PHI, but we also limit the way your PHI is used or disclosed to others. We may use or disclose your PHI in certain permissible ways described below. To the extent required by the Privacy Rules, we will limit the use and disclosure of your PHI to the minimum amount necessary to accomplish the intended purpose or task.

- **Treatment.** We may disclose your PHI to facilitate medical treatment or services by providers. We may disclose medical information about you to providers, including doctors, nurses, technicians, medical students, or other hospital personnel who are involved in taking care of you. For example, we might disclose information about your prior prescriptions to a pharmacist to determine if prior prescriptions contraindicate a pending prescription.
- **Payment.** We may use or disclose your PHI for BCU Health Plan payment purposes, including the collection of premiums or determination of coverage and benefits. For example, we may use your PHI to reimburse you or your doctors or health care providers for covered treatments and services. We may also disclose PHI to another group health plan or health care provider for their payment purposes. For example, we may exchange your PHI with your spouse’s health plan for coordination of benefits purposes.
- **Health Care Operations.** We may use and disclose your PHI for BCU Health Plan operations. These uses and disclosures are necessary to run the BCU Health Plan. We may use medical information in connection with conducting quality assessment and improvement activities; enrollment, premium rating, and other activities relating to BCU Health Plan coverage; submitting claims for stop-loss (or excess-loss) coverage; conducting or arranging for medical review, legal services, audit services, and fraud and abuse detection programs; business planning and development such as cost management; and business management and general BCU Health Plan administrative activities. For example, we may use your claims data to alert you to an available case management program if you become pregnant or are diagnosed with diabetes or liver failure. We may also disclose your PHI to another health plan or health care provider who has a relationship with you for their operations activities if the disclosure is for quality assessment and improvement activities, to review the qualifications of health care

professionals who provide care to you, or for fraud and abuse detection and prevention purposes.

- **Family and Friends.** We may disclose PHI to a family member, friend, or other person involved in your health care if you are present and you do not object to the sharing of your PHI, or, if you are not present, in the event of an emergency.
- **As Required by Law.** We will disclose your PHI when required to do so by federal, state or local law. For example, we may disclose your PHI when required by national security laws or public health disclosure laws.
- **Workers' Compensation.** We may release your PHI for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.
- **Public Health Reasons.** We may disclose your PHI for public health actions, including (1) to a public health authority for the prevention or control of disease, injury or disability; (2) to a proper government or health authority to report child abuse or neglect; (3) to report reactions to medications or problems with products regulated by the Food and Drug Administration; (4) to notify individuals of recalls of medication or products they may be using; (5) to notify a person who may have been exposed to a communicable disease or who may be at risk for contracting or spreading a disease or condition; or (6) to report a suspected case of abuse, neglect or domestic violence, as permitted or required by applicable law.
- **Health Oversight Activities.** We may disclose your PHI to a health oversight agency for activities authorized by law. These oversight activities include, for example, audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the health care system, government programs, and compliance with civil rights laws.
- **Government Audits.** We are required to disclose your protected health information to the Secretary of the United States Department of Health and Human Services when the Secretary is investigating or determining our compliance with the Privacy Rules.
- **Lawsuits and Disputes.** If you are involved in a lawsuit or a dispute, we may disclose your PHI in response to a court or administrative order. We may also disclose your PHI in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain an order protecting the information requested.
- **Law Enforcement.** We may disclose your PHI if asked to do so by a law enforcement official (1) in response to a court order, subpoena, warrant, summons or similar process; (2) to identify or locate a suspect, fugitive, material witness, or missing person; (3) about the victim of a crime if, under certain limited circumstances, we are unable to obtain the victim's agreement; (4) about a death that we believe may be the result of criminal conduct; and (5) about criminal conduct.
- **Coroners, Medical Examiners and Funeral Directors.** We may release PHI to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death. We may also release medical information to funeral directors as necessary to carry out their duties.
- **Military and Veterans.** If you are a member of the armed forces, we may release your PHI as required by military command authorities. We may also release PHI about foreign military personnel to the appropriate foreign military authority.

- **To BCU Health Plan Sponsor.** For the purpose of administering the BCU Health Plans, we may disclose PHI to certain employees of BCU. However, those employees will only use or disclose that information as described above, unless you have authorized further disclosures. Your PHI cannot be used for employment purposes without your specific authorization.
- **Business Associates.** We may enter into agreements with entities or individuals to provide services (for example, claims processing services) to one or more of the BCU Health Plans. These service providers, called “business associates,” may create, receive, have access to, use, and/or disclose (including to other business associates) PHI in conjunction with the services they provide to the BCU Health Plan(s), provided that we have obtained satisfactory written assurances that the business associates will comply with all applicable Privacy Rules with respect to such BCU Health Plan(s).
- **Research Purposes.** We may use or disclose a “limited data set” of your PHI with various identifying information excluded for certain research purposes.

In no event will we use or disclose PHI that is genetic information for underwriting purposes. In addition to rating and pricing a group insurance policy, this means the BCU Health Plans may not use genetic information (including that requested or collected in a health risk assessment or wellness program) for setting deductibles or other cost sharing mechanisms, determining premiums or other contribution amounts, or applying preexisting condition exclusions.

State law may further limit the permissible ways the BCU Health Plans use or disclose your PHI. If an applicable state law imposes stricter restrictions on the BCU Health Plans, we will comply with that state law.

Other Disclosures

Personal Representatives. We will disclose your PHI to individuals authorized by you, or to an individual designated as your personal representative, attorney-in-fact, etc., so long as you provide us with a written notice/authorization and any supporting documents (i.e., power of attorney). Please note, under the HIPAA privacy rule, we do not have to disclose information to a personal representative if we have a reasonable belief that:

- 1) you have been, or may be, subjected to domestic violence, abuse or neglect by such person; or
- 2) treating such person as your personal representative could endanger you; and
- 3) in the exercise of professional judgment, it is not in your best interest to treat the person as your personal representative.

You may submit a written request to disclose information to a personal representative to the Privacy Officer for the BCU Health Plans. Contact information for the Privacy Officer for the BCU Health Plans is listed on the last page of this Notice.

Spouses and Other Family Members. With only limited exceptions, we will send all mail to the employee. This includes mail relating to the employee’s spouse and other family members who are covered under the applicable BCU Health Plan(s), and includes mail with information on the use of BCU Health Plan benefits by the employee’s spouse and other family members and information on the denial of any BCU Health Plan benefits to the employee’s spouse and other family members. If a person covered under the BCU Health Plan has requested Restrictions or Confidential Communications (see

below under “Your Rights”), and if we have agreed to the request, we will send mail as provided by the request for Restrictions or Confidential Communications.

Authorizations. Other uses or disclosures of your PHI not described above will only be made with your written authorization. You may revoke written authorization at any time, so long as the revocation is in writing. Once we receive your written revocation, it will only be effective for future uses and disclosures. It will not be effective for any information that may have been used or disclosed in reliance upon the written authorization and prior to receiving your written revocation.

Your Rights

Federal law provides you with certain rights regarding your PHI. Parents of minor children and other individuals with legal authority to make health decisions for a BCU Health Plan participant may exercise these rights on behalf of the participant, consistent with state law.

Right to request restrictions: You have the right to request a restriction or limitation on the BCU Health Plans’ use or disclosure of your PHI. For example, you may ask us to limit the scope of your PHI disclosures to a case manager who is assigned to you for monitoring a chronic condition. Because we use your PHI only as necessary to pay BCU Health Plan benefits, to administer the BCU Health Plans, and to comply with the law, it may not be possible to agree to your request. The law does not require the BCU Health Plans to agree to your request for restriction with one exception. If you have paid for a medical service in full outside of your BCU Health Plan benefits, you have the right to request that the BCU Health Plan not disclose your related PHI to any other BCU Health Plans for purposes of carrying out payment or health care operations. However, if we do agree to your requested restriction or limitation, we will honor the restriction until you agree to terminate the restriction or until we notify you that we are terminating the restriction on a going-forward basis.

You may make a request for restriction on the use and disclosure of your PHI by writing to the Privacy Officer for the BCU Health Plans. Contact information for the Privacy Officer for the BCU Health Plans is listed on the last page of this Notice. When making such a request, you must specify: (1) the PHI you want to limit; (2) how you want the BCU Health Plans to limit the use, disclosure, or both of that PHI; and (3) to whom you want the restrictions to apply.

Right to receive confidential communications: You have the right to request that the BCU Health Plans communicate with you about your PHI at an alternative address or by alternative means if you believe that communication through normal business practices could endanger you. For example, you may request that the BCU Health Plans contact you only at work and not at home.

You may request confidential communication of your PHI by submitting a written request for confidential communication to the Privacy Officer for the BCU Health Plans at the address listed on the last page of this Notice. We will accommodate all reasonable requests if you clearly state that you are requesting the confidential communication because you feel that disclosure in another way could endanger your safety. You must make sure your request specifies how or where you wish to be contacted.

Right to inspect and copy your PHI: You have the right to inspect and copy your PHI that is contained in records that the BCU Health Plans maintain for enrollment, payment, claims determination, or case or medical management activities, or that we use to make enrollment, coverage, or payment decisions

about you. If PHI is maintained in an electronic health record, you shall have the right to obtain a copy of such PHI in an electronic format and may direct the BCU Health Plan to transmit such copy directly to an entity or person, provided that you clearly and conspicuously communicate your instructions.

However, we will not give you access to PHI records created in anticipation of a civil, criminal, or administrative action or proceeding. We will also deny your request to inspect and copy your PHI if a licensed health care professional hired by the BCU Health Plans has determined that giving you the requested access is reasonably likely to endanger the life or physical safety of you or another individual or to cause substantial harm to you or another individual, or that the record makes references to another person (other than a health care provider), and that the requested access would likely cause substantial harm to the other person.

In the unlikely event that your request to inspect or copy your PHI is denied, you may have that decision reviewed. A different licensed health care professional chosen by the BCU Health Plans will review the request and denial, and we will comply with the health care professional's decision.

You may request to inspect or copy your PHI by submitting a written request to the Privacy Officer for the BCU Health Plans at the address listed on the last page of this Notice. We may charge you a fee to cover the costs of copying, mailing or other supplies directly associated with your request, although if a copy is in electronic form, the fee shall not be greater than the BCU Health Plan's labor costs involved in responding to your request. You will be notified of any costs before you incur any expenses.

Right to amend your PHI: You have the right to request an amendment of your PHI if you believe the information the BCU Health Plans have about you is incorrect or incomplete. You have this right as long as your PHI is maintained by the BCU Health Plans. We will correct any mistakes if we created the PHI or if the person or entity that originally created the PHI is no longer available to make the amendment.

You may request amendments of your PHI by submitting a written request to the Privacy Officer for the BCU Health Plans at the address listed on the last page of this form. Be sure to include evidence to support your request because we cannot amend PHI that we believe to be accurate and complete.

Right to receive an accounting of disclosures of PHI: You have the right to request a list of certain disclosures of your PHI by the BCU Health Plans. The accounting will not include (1) disclosures necessary to determine proper payment of benefits or to operate the BCU Health Plans, (2) disclosures we make to you, (3) disclosures permitted by your authorization, (4) disclosures to friends or family members made in your presence or because of an emergency, or (5) disclosures for national security purposes. We will notify you of the costs involved, and you may choose to withdraw or modify your request before you incur any expenses.

You may request an accounting of disclosures of your PHI by submitting a written request to the Privacy Officer for the BCU Health Plans. Contact information for the Privacy Officer for the BCU Health Plans is listed on the last page of this Notice. When making such a request, you must specify the time period for the accounting, which may not be longer than six (6) years and may not include dates prior to April 14, 2003, and the form (e.g., electronic, paper) in which you would like the accounting.

Right to Receive Notification of Breaches. If unsecured PHI is acquired, used or disclosed in a manner that is impermissible under the Privacy Rules and that poses a significant risk of financial, reputational or other harm to you, the BCU Health Plan must notify you within 60 days of discovery of such breach.

Right to file a complaint: If you believe your rights have been violated, you should let us know immediately by contacting the BCU Ethics and Compliance Hotline at the number provided below. You may file a formal complaint with the Privacy Officer for the BCU Health Plans and/or with the United States Department of Health and Human Services at the addresses below. You should attach any documents or evidence that supports your belief that your privacy rights have been violated. We take your complaints very seriously. BCU prohibits retaliation against any person for filing such a complaint.

Complaints should be sent to:

BCU ATTN: Privacy Officer for BCU Health Plans 340 N Milwaukee Ave Vernon Hills, IL 60061 BCU Ethics and Compliance Hotline: 1-844-857-5483	U.S. Department of Health and Human Services 200 Independence Avenue, S.W. Washington, D.C. 20201
--	---

Additional Information About This Notice

Changes to this Notice: We reserve the right to change the BCU Health Plans’ privacy practices as described in this Notice. Any change may affect the use and disclosure of your PHI already maintained by the BCU Health Plans, as well as any of your PHI that the BCU Health Plans may receive or create in the future. If there is a material change to the terms of this Notice, you will automatically receive a revised Notice.

How to obtain a copy of this Notice: You can obtain a copy of the current Notice on <https://us.bcubenefits.com/> or by making a written request to the Privacy Officer for the BCU Health Plans at the address listed above.

No guarantee of employment: This Notice does not create any right to employment for any individual, nor does it change BCU’s right to discipline or discharge any of its employees in accordance with its applicable policies.

No change to BCU Health Plan benefits: This Notice explains your privacy rights as a current or former participant in BCU Health Plans. The BCU Health Plans are bound by the terms of this Notice as they relate to the privacy of your PHI. However, this Notice does not change any other rights or obligations you may have under the BCU Health Plans. You should refer to the BCU Health Plan documents for additional information regarding your BCU Health Plan benefits.